

Species	Seeds/kg	Seeds/m ² at 1 kg/ha	Average sowing rate in mixture
Legumes:			
White clover	1,400,000	140	3-5
Red Clover:			
tetraploid	295,000	30	4-8
diploid	500,000	50	2-4
Subterranean clover	150,000	15	2-6
Lotus:			
tetraploid	1,200,000	120	1-5
diploid	2,000,000	200	1-3
Lucerne	500,000	50	6-10*
Birdsfoot trefoil	870,000	90	6-10*
Serradella	250,000	25	4-8
Sulla			
(unhulled)	91,000	9	10-12
(hulled)	187,000	19	6-7
Grasses			
Perennial ryegrass	500,000	50	10-20
Italian ryegrass:			
tetraploid	250,000	25	25-30
diploid	500,000	50	20-25
Hybrid ryegrass			
tetraploid	255,000	26	10-20
diploid	500,000	50	10-20
Cocksfoot	1,000,000	100	4-10
Tall fescue	400,000	40	12-18
Phalaris	500,000	50	1-4
Prairie grass	90,000	9	15-25
Grazing brome	90,000	9	15-25
Timothy	2,500,000	250	3-5
Yorkshire fog	3,300,000	330	1-5
Browntop	12,500,000	1250	1-2
Crested dogstail	1,600,000	160	NR**
Poa pratensis	2,500,000	250	NR**
Herbs			
Chicory	830,000	85	1***
Sheeps burnet	154,000	15	10-20
Plantain	500,000	50	2#

* generally sown alone or with non-aggressive grasses.

** not recommended in a pasture seeds mixture.

*** use 3-5kg/ha for a pure stand or as the major component in a mixture with clovers.

not yet commercially available